Troupe Benat

Belly Dance

Classes

$30/Month
OR
$10/Drop-in

Morro Bay Residents Receive a $5 Discount on the Monthly Fee

The Art of Rhythm and Grace

Learn to move with rhythm, grace and expression. Belly dance is a fun way to exercise, stretch and tone muscles. The classes will cover basic steps, veil work, cymbal patterns, history of the dance, and costuming. Belly dance is for any size, any age, any experience, any skill level, or anybody … like … YOU!

Thursday Evenings

6:45 to 7:45 PM

Classes Held @ the Morro Bay Community Center

PERFORMANCE OPPORTUNITIES ARE AVAILABLE
FOR MORE INFORMATION CONTACT SARAH PORTILLO AT: (805) 748-1991

MORRO BAY RECREATION SERVICES

1001 Kennedy Way, Morro Bay, CA 93442 ~ (805)772-6278

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