

Okinawan Karate

Uechi-Ryu Karate-Do



Chief Instructor: Steven Goss

Shihan, Kyoshi, Hachidon 8th

8th Degree Black Belt

Over 40 Years Experience



冲空会

Uechi-Ryu Karate-Do is a traditional form of karate, from Okinawa, Japan, the birthplace of karate.

Training emphasis on fitness, flexibility, body mechanics, techniques, and self-defense with focus on respect for oneself and others, courtesy, cooperation, and goal-oriented approach to doing one's best!

New, beginner youth class forming!

Ages 8+

TUESDAYS & THURSDAYS

@ the Morro Bay Community Center

\$49/Month

Morro Bay Residents receive a \$5 Discount

Beginners 6 - 6:45 PM

Intermediates 6:30 - 7:30 PM

Advance 7 - 8:30 PM



For More Information Contact Instructor Steven Goss (805)215-8806



MORRO BAY RECREATION SERVICES

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