Weekly Calendar
MBCC
November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	15	*16*	*17*	*18*	*19*	*20*	*21*
Auditorium East (at MBCC)	9:30a-10:40a Pilates 4:45p-5:45p Fitness: Commit Dance Fitness with Sally -- 6p-7p Fitness: Zumba Dance Fitness with Carmen	9a-10a ACES 10:30a-11:30a Tai Chi 6p-7p Fitness: Zumba Dance Fitness with Carmen	11a-2p 39+ Dance 4:45p-5:45p Fitness: Commit Dance Fitness with Sally --	9a-10a ACES 10:30a-11:30a Tai Chi 6p-7p Fitness: Zumba Dance Fitness with Carmen	9:30a-10:40a Pilates		
Auditorium West (at MBCC)	6p-8:30p Martial Arts: Tang Soo Do	10:30a-11:30a PACE 6:30p-8:30p Okinawan Karate	9a-10:10a Fitness: Freestyle Fitness -- 11a-2p 39+ Dance 6p-8:30p Martial Arts: Tang Soo Do	10:30a-11:30a PACE 6:30p-8:30p Okinawan Karate	9a-10:10a Fitness: Freestyle Fitness --		
Caterers Kitchen (at MBCC)	7:30a-1p Senior Nutrition	7:30a-1p Senior Nutrition	7:30a-1p Senior Nutrition	7:30a-1p Senior Nutrition	7:30a-1p Senior Nutrition		
Conference Room (at MBCC)			10a-11a Grief Group	9a-11:59a HICAP Meeting			
Lounge (at MBCC)	10a-11:59a Senior Seminar	10a-11:59a Life Story 1p-4p Hand and Foot 6p-8p Emergency Communication	2p-3p Grief Group	10a-11:59a Chess 1p-4p Bridge	10a-11:30a Smart phones 1p-3p Art History		
Multi-purpose Room (at MBCC)	11a-1p Senior Nutrition 1p-4p Watercolor	11a-1p Senior Nutrition 1p-3p Cooking Class	11a-1p Senior Nutrition 1p-4p Drawing	11a-1p Senior Nutrition 1p-4p Mixed Media	11a-1p Senior Nutrition		
Parking Lot - Cc (at MBCC)						9:30a-1:30p White Caps Concert Series	
Studio (at MBCC)		10:30a-11:30a Balance Class 5p-8p Basketball Coaches Meetings -	1p-6p Quilting Class	10:30a-11:30a Balance Class 5p-8p Basketball Coaches Meetings -	9a-11:59a Life Drawing		

PAUP
November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	15	*16*	*17*	*18*	*19*	*20*	*21*
Del Mar - Hillside Bbq Area (at Parks)			11a-1:30p MSA Meeting				10a-12:30p Coastlands Church Service
Morro Rock Parking Lot (at Parks)						9a-2:15p Canned Food Drive	

VMB
November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	15	*16*	*17*	*18*	*19*	*20*	*21*
Veteran's Memorial Building (at VMB)	7a-7p COVID-19 Testing	7a-7p COVID-19 Testing	7a-7p COVID-19 Testing	7a-7p COVID-19 Testing	7a-7p COVID-19 Testing		