



OKINAWAN KARATE

UECHI-RYU SHOHEI-RYU

STEVEN GOSS, INSTRUCTOR

Uechi-ryu Karate-Do is a traditional system with strong Chinese roots. Emphasis on flexibility, body mechanics and self-defense techniques. The instructor is a seventh-degree black belt with 30 years of experience and is a West Coast Representative of Okinawa Karate-Do Kyokai.

TUESDAYS & THURSDAYS

6:00 - 7:00 PM Children Ages 6 - 12

7:00 - 8:30 PM Ages 12 - Adult

MORRO BAY COMMUNITY CENTER

AUDITORIUM WEST

COST: \$34.00/MONTH

\$17.00/month for additional family members

<http://activenet13.active.com/morrobay> - Registration



MORRO BAY RECREATION AND PARKS DEPARTMENT
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